

Home Healthcare

Day & Date: Saturday, 7th May 2016
Time: 12:15 pm to 1:15 pm
Venue: Auditorium, Symbiosis International University, Lavale campus, Pune
Speaker: Mr. Vishal Bali
Report prepared by: Dr. Nidhi Gagneja, Student, MBA - HHM (2015-2017)
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Mr. Vishal Bali presented a very interesting video which depicted the need of home care and its importance in the future.

He has an experience of 19 years in building hospitals and the last 6 years he is into Medwell Ventures that understand the need of home care as he look health from a consumer point of view. **Home health care** is a wide range of health care services that can be given at patient's home for an illness or injury. Home health care is usually less expensive, more convenient and just as effective as care the patient gets in a hospital or skilled nursing facility.

Specialists believes home care improves patient condition better, the outcome is improved, is efficient and cost effective. Physician is of the opinion if we are assure of patient been taken care at home they can discharge the patient early.

Why the need of Home Healthcare is arise? This can be explained well as currently chronic disease are on high, utilization of bed for crucial patient is much more important. Do we have enough infrastructure, capital to develop 500, 750 or 1000 beds? Infrastructure is more expensive so ultimately patient ends up paying more.

There is challenge for healthcare due to scarcity of capital, talent, skilled manpower and hence the thought process should be changed. Diabetes is on rise, endocrinology disorder leads to other system dysfunction, and this means more hospitalization on rise. Thus Home Healthcare can be useful in giving treatment at home such as wound care for pressure sores or a surgical

wound, Patient and caregiver education, Intravenous or nutrition therapy, Injections and Monitoring palliative care.

Biggest drawback is that patient comes for acute or emergency condition and do not take preventive measurements. So awareness and wellness program should be motivated. Then there will be less burden on patient economy and health of the patient can be restored. Healthy lifestyle has attributed towards less emergencies, complications, ALOS is less and thus a reduced amount of expenditure.

Home health focusses on care continuum and chronic conditions like COPD, CHF where ICU admission can be reduced. The world is becoming smart, devices such as FitBit, apple watch are designed which tracks your health records. This tells us the healthy way of living, preventing disease and hospitalization only when needed. A new ecosystem in Home care delivery will reduce the intense situation and quality of health can be achieved.